

Name	Ian McDonald	<b>Net split times (difference)</b>	
City	Cardiff	5 Kilometer	24:42 (24:42)
Country	GBR	10 Kilometer	47:56 (23:14)
Distance	Marathon	15 Kilometer	1:11:13 (23:17)
Category	M40	20 Kilometer	1:34:26 (23:13)
Overall place	1065 / 5845	Half marathon	1:39:55
Category place	227 / 1019	25 Kilometer	1:59:04 (24:38)
Speed	12,772 Km/Hour	30 Kilometer	2:22:49 (23:45)
Gross time	3:20:06	35 Kilometer	2:46:01 (23:12)
Net time	3:18:13	40 Kilometer	3:09:07 (23:06)

Your relative finishposition in the total field of the Marathon:

